



# Greenbelt Children's Center

## September 2022 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Blueberry Mini Muffins, Apple Slices & Milk  Oranges & Wheat Thins	<b>2</b> Whole Wheat Flour Bagels, Peaches & Milk  Cucumbers & Cheddar Cheese Cubes	<b>3</b> 
<b>4</b> 	<b>5</b> <b>Labor Day</b> <b>GCC CLOSED</b>	<b>6</b> WG Corn Chex, Apple Slices & Milk Tortilla Chips & Salsa	<b>7</b> Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	<b>8</b> WG Kix Cereal, Fresh Pears & Milk Cheese Sticks & 100% Apple Juice	<b>9</b> WG Cheerios, Bananas & Milk Animal Crackers & Milk	<b>10</b> 
<b>11</b> 	<b>12</b> WW Waffles, Mixed Berries & Milk Apple Slices & WG Wheat Thins	<b>13</b> Enriched Wheat Flour English Muffins, Peaches & Milk. WG Goldfish Crackers & 100% Orange Juice	<b>14</b> 1G Life Cereal, Raisins & Milk Animal Crackers & Milk.	<b>15</b> WG Corn Chex, Apple Slices & Milk Tortilla Chips & Salsa	<b>16</b> WG Toast, Fruit Cocktail & Milk. Red Bell Pepper Slices & Saltine Crackers	<b>17</b> 
<b>18</b> 	<b>19</b> 19. Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	<b>20</b> Pineapple Chunks, WG Graham Crackers & Milk Strawberry Yogurt & WG Wheat Thins	<b>21</b> WG Life Cereal, Raisins & Milk Animal Crackers & Milk.	<b>22</b> Blueberry Mini Muffins Apple Slices & Milk Oranges & WG Wheat Thins	<b>23</b> Enriched Wheat Flour English Muffins, Bananas & Milk. WG Goldfish Crackers & 100% Apple Juice	<b>24</b> 
<b>25</b> 	<b>26</b> Pineapple Chunks, WG Graham Crackers & Milk Strawberry Yogurt & WG Cheeze its	<b>27</b> Whole Wheat Flour Bagels, Orange Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	<b>28</b> Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	<b>29</b> WG Life Cereal, Apple Slices & Milk Cheese Sticks & 100% Pineapple Juice	<b>30</b> G Goldfish Crackers, Fruit Cocktail & Milk Tortilla Chips & Salsa	

This institute is an equal opportunity provider  
 We Serve 1% Milk