



Greenbelt Children's Center

November 2022 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 WG Life Cereal, Raisins & Milk Wheat Thins & 100% Apple Juice	2 WW Waffles, Mixed Berries & Milk Apple Slices & Animal Crackers	3 WG Corn Chex, Bananas & Milk Goldfish Crackers & 100% Orange Juice	4 Whole Wheat Flour Bagels, Pear Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	5 
6 	7 Apple Sauce, WG Goldfish Crackers & Milk Strawberries & Animal Crackers	8 WG Toast, Apple Slices & Milk Red Bell Pepper Slices & Saltine Crackers	9 WG Cheerios, Bananas & Milk Animal Crackers & Orange Slices	10 WG Life Cereal, Raisins & Milk Wheat Thins & 100% Apple Juice	11 Veteran's Day GCC CLOSED 	
13 	14 WG Kix Cereal, Orange Slices & Milk Tortilla Chips & Salsa	15 EWF Raisin Bread, Peaches & Milk WG Goldfish Crackers & Baby Carrots	16 Applesauce, WG Goldfish Crackers & Milk Animal Crackers & Milk	17 18  GCC CLOSED		19 
20 	21 WG Cheerios, Raisins & Milk Animal Crackers & 100% Apple Juice	22 Whole Wheat Flour Bagels, Peaches & Milk Cucumbers & Cheddar Cheese Cubes	23 WG Life Cereal, Strawberries & Milk Animal Crackers & 100% Grape Juice	24 25 GCC CLOSED Native American Heritage Day Happy Thanksgiving!		26 
27 	28 Orange Slices, WG Goldfish Crackers & Milk Cheese Sticks & 100% Grape Juice	29 WG Kix Cereal, Raisins & Milk Tortilla Chips & Salsa	30 Apple Sauce, WG Wheat Thins & Milk Apples & Graham Crackers	Dec1 WG Corn Chex, Bananas & Milk WG Goldfish Crackers & 100% Orange Juice	Dec2 Whole Wheat Flour Bagels, Pear Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	3 

This Institute is an Equal Opportunity Provider
We Serve 1% Milk

