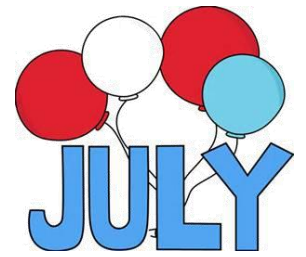




# Greenbelt Children's Center

July 2022

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					WG Kix Cereal, Orange Slices & Milk  Tortilla Chips & Salsa	
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
	<b>Independence Day Holiday</b>  <b>GCC CLOSED</b>	Apple Sauce, WG Goldfish Crackers & Milk  Saltine Crackers & 100% Grape Juice	Watermelon Slices, Saltines & Milk  Carrot Sticks & WG Cheez its	WG Corn Chex, Oranges & Milk  Tortilla Chips & Salsa	Fruit Cocktail, WG Goldfish Crackers & Milk  Cheddar Cheese Cubes & WG	
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
	WG Life Cereal, Peaches & Milk  Graham Crackers & Milk	Saltine Crackers, Oranges & Milk  WG Wheat Thins & 100% Apple Juice	WG Life Cereal, Bananas & Milk  Tortilla Chips & Salsa	EWF Raisin Bread, Peaches & Milk  WG Goldfish Crackers & Cucumber	Mixed Berries, Whole Wheat Flour Waffles & Milk  WG Cheez its & 100%	
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
	Applesauce, WG Goldfish Crackers & Milk  Low Fat Strawberry Yogurt & WG Graham Crackers	WG Life Cereal, Raisins & Milk  Animal Crackers & 100% Grape Juice	WG Cheerios, Bananas & Milk  Graham Crackers & Milk	Mixed Berries, Whole Wheat Flour Waffles & Milk  WG Cheez its & 100% Pineapple Juice	WG Toast, Apple Slices & Milk  Red Bell Pepper Slices & Saltine Crackers	
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
	WG Cheerios, Fruit Cocktail & Milk  Animal Crackers & 100% Orange Juice	Applesauce, WG Goldfish Crackers & Milk  Graham Crackers & Milk	WG Life Cereal, Raisins & Milk  Wheat Thins & 100% Apple Juice	WW Waffles, Mixed Berries & Milk  Watermelon Slices & WG Goldfish Crackers	WG Kix Cereal, Orange Slices & Milk  Tortilla Chips & Salsa	

This institute is an equal opportunity provider

We Serve 1% Milk

Greenbelt Children's Center

[www.greenbeltchildrenscenter.com](http://www.greenbeltchildrenscenter.com)



July

