



Greenbelt Children's Center

September 2021 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 WG Cheerios, Bananas & Milk Animal Crackers & 100% Apple Juice	2 Whole Wheat Flour Bagels, Orange Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	3 Professional Development Day GCC Closed	4 
5 	6 Labor Day GCC Closed	7 WG Corn Chex, Raisins & Milk Tortilla Chips & Salsa	8 WW Waffles, Mixed Berries & Milk Apple Slices & WG Wheat Thins	9 Orange Slices, WG Goldfish Crackers & Milk Cheese Sticks & 100%Apple Juice	10 WG Cheerios, Bananas & Milk Animal Crackers 100% Pineapple Juice	11 
12 	13 WG Toast, Fruit Cocktail & Milk. Fresh Pear Slices & Saltine Crackers	14 Blueberry Mini Muffins Apple Slices & Milk Oranges & WG Cheezits	15 Mixed Berries, WW Waffles & Milk WG Goldfish Crackers & 100% Orange Juice	16 WG Corn Chex, Raisins & Milk Tortilla Chips & Salsa	17 Applesauce, WG Goldfish Crackers & Milk. Animal Crackers & Milk	18 
19 	20 WG Life Cereal, Raisins & Milk Graham Crackers & 100%Grape Juice	21 WG Toast, Fruit Cocktail & Milk. Fresh Pear Slices & Saltine Crackers	22 Orange Slices, WG Goldfish Crackers & Milk Cheese Sticks & 100%Apple Juice	23 Pineapple Chunks, WG Graham Crackers & Milk Low Fat Strawberry Yogurt & WG Wheat Thins	24 Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	25 
26 	27 WG Corn Chex, Raisins & Milk Animal Crackers & Milk	28 Whole Wheat Flour Bagels, Peaches & Milk WG Wheat Thins & Cheddar Cheese Cubes	29 WG Cheerios, Bananas & Milk WG Cheez its & 100% Apple Juice	30 Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	Oct 1 EWF Raisin Bread, Pears & Milk WG Goldfish Crackers & Apple Slices	2 

This institute is an equal opportunity provider
We Serve 1% Milk