



# Greenbelt Children's Center

## November 2021 Menu



Water is served at every meal & snack

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> WG Kix Cereal, Raisins & Milk.  Tortilla Chips & Salsa	<b>2</b> Pineapple Chunks, WG Goldfish Crackers & Milk  Animal Crackers & 100% Apple Juice	<b>3</b> Whole Wheat Flour Bagels, Orange Slices & Milk  WG Wheat Thins & Cheddar Cheese Cubes	<b>4</b> WG Corn Chex, Bananas & Milk.  Veggie Sticks, Ranch Dip & 100% Pineapple Juice	<b>5</b> WG Life Cereal, Apple Slices & Milk  Graham Crackers & Milk.	<b>6</b> 
<b>7</b> 	<b>8</b> Pineapple Chunks, Graham Crackers & Milk  Low Fat Strawberry Yogurt & WG Wheat Thins	<b>9</b> Blueberry Mini Muffins, Apple Slices & Milk  Peaches & WG Cheez Its	<b>10</b> Orange Slices, WG Goldfish Crackers & Milk  Cheese Sticks & 100% Apple Juice	<b>11</b> Veteran's Day <b>GCC Closed</b> for Teacher In- service Training Day	<b>12</b> WG Toast, Fruit Cocktail & Milk.  Fresh Pear Slices & Saltine Crackers	<b>13</b> 
<b>14</b> 	<b>15</b> WG Cheerios, Raisins & Milk  Tortilla Chips & Salsa	<b>16</b> Mixed Berries, WW Waffles & Milk  WG Goldfish Crackers & 100% Orange Juice	<b>17</b> Apple Sauce, WG Toast & Milk.  Saltine Crackers & 100% Grape Juice	<b>18</b> WG Cheerios, Bananas & Milk  WG Cheez Its & 100% Apple Juice	<b>19</b> Blueberry Mini Muffins Apple Slices & Milk  Mixed berries & WG Wheat Thins	<b>20</b> 
<b>21</b> 	<b>22</b> WG Kix Cereal, Pears & Milk  Low Fat Strawberry Yogurt & Graham Crackers	<b>23</b> EWF Raisin Bread, Peaches & Milk  WG Wheat Thins & Apple Slices	<b>24</b> WG Corn Chex, Orange Slices & Milk  Cheese Sticks & 100% Apple Juice	<b>25</b> <b>26</b> <b>GCC CLOSED</b> <b>Happy</b> <b>Thanksgiving!</b>		<b>27</b> 
<b>28</b> 	<b>29</b> Pineapple Chunks, WG Goldfish Crackers & Milk  WG Wheat Thins & Cheddar Cheese Cubes	<b>30</b> Whole Wheat Flour Bagels, Peaches & Milk  Tortilla Chips & Salsa	<b>1</b> WW Waffles, Mixed Berries & Milk  Apple Slices & WG Wheat Thins	<b>2</b> EWF Raisin Bread, Pears & Milk  WG Goldfish Crackers & Orange Slices	<b>3</b> Apple Sauce, WG Goldfish Crackers & Milk.  Saltine Crackers & 100% Grape Juice	<b>4</b> 

This institute is an equal opportunity provider  
We Serve 1% Milk