



Greenbelt Children's Center

January 2022 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Happy New Year!!
	3	4	5	6	7	8
	WG Wheat Thins, Fruit Cocktail & Milk Animal Crackers & 100% Apple Juice.	Pineapple Chunks, WG Graham Crackers & Milk Strawberry Yogurt & WG Wheat Thins	Mixed Berries, WG Waffles & Milk Tortilla Chips & Salsa	Applesauce, WG Goldfish Crackers & Milk. Animal Crackers & Milk	WG Toast, Fruit Cocktail & Milk. Fresh Pear Slices & Saltine Crackers	
9	10	11	12	13	14	15
	Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	Orange Slices, WG Kix Cereal & Milk Cheese Sticks & 100% Apple Juice	WG Cheerios, Bananas & Milk Animal Crackers & Peach Slices	Enriched Wheat Flour English Muffins, Peaches & Milk. WG Wheat Thins & Cheddar Cheese Cubes	WG Corn Chex, Bananas & Milk Saltine Crackers & 100% Orange Juice	
16	 Martin Luther King Jr.'s Birthday GCC CLOSED	18	19	20	21	22
		WG Corn Chex, Raisins & Milk WG Wheat Thins & Cheddar Cheese Cubes	WG Goldfish Crackers, Pears & Milk Animal Crackers & 100% Pineapple Juice	Whole Wheat Flour Bagels, Orange Slices & Milk Saltine Crackers & 100%	WG Cheerios, Apple Slices & Milk Tortilla Chips & Salsa	
23	24	25	26	27	28	29
	WG Life Cereal, Raisins & Milk Graham Crackers & 100% Grape Juice	WG Toast, Fruit Cocktail & Milk. Fresh Pear Slices & Saltine Crackers	Pineapple Chunks, WG Graham Crackers & Milk Low Fat Strawberry Yogurt & WG Wheat Thins	EWF Raisin Bread, Peaches & Milk WG Goldfish Crackers & Apple Slices	WG Cheerios, Bananas & Milk WG Cheez its & 100% Apple Juice	
30	31					

This institute is an equal opportunity provider

