Greenbelt Children's Center

December 2021 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturda
			WW Waffles, Mixed Berries & Milk Apple Slices & WG Wheat Thins	EWF Raisin Bread, Pears & Milk WG Goldfish Crackers & Orange Slices	Apple Sauce, WG Graham Crackers & Milk Saltine Crackers & 100% Grape Juice	4
5	6	7	8	9	10	11
Market	WG Life Cereal, Raisins & Milk Graham Crackers & Milk	Whole Wheat Flour Bagels, Orange Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	WG Cheerios, Pears, & Milk Cheese Sticks & 100% Apple Juice	WG Toast, Fruit Cocktail & Milk. Fresh Pear Slices & Saltine Crackers	WG Kix Cereal, Bananas & Milk WG Cheez Its & 100% Pineapple Juice	
12	13	14	15	16	17	18
	Peaches, Saltine Crackers & Milk Low Fat Strawberry Yogurt & WG Wheat Thins	WG Life Cereal, Banana & Milk Graham Crackers & 100% Apple Juice	Mixed Berries, WW Waffles & Milk WG Cheez Its & Orange Slices	Apple Slices, WG Wheat Chex & Milk. Saltine Crackers & 100% Grape Juice	Pineapple Chunks, WG Goldfish Crackers & Milk Animal Crackers & Milk	
19	20	21	22	23	24	25
	Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	WG Wheat Thins, Fruit Cocktail & Milk Veggie Sticks, Ranch Dip & 100% Orange Juice.	WG Corn Chex, Raisins & Milk Tortilla Chips & Salsa	WG Life Cereal, Fruit Cocktail & Milk Animal Crackers & Milk	GCC CI HAP HOLID	PY
26	27	28	29	30	31	
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