



# Greenbelt Children's Center

## October 2020 Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> Pineapple Chunks, WG Goldfish Crackers & Milk  WG Wheat Thins & 100% Apple Juice	<b>2</b> Peaches, Saltine Crackers & Milk  Low Fat Strawberry Yogurt & WG Wheat Thins	<b>3</b> 
<b>4</b> 	<b>5</b> WG Life Cereal, Peaches & Milk  Animal Crackers & Milk	<b>6</b> WG Wheat Crackers, Fruit Cocktail & Milk  Veggie Sticks, Ranch Dip & 100% Orange Juice.	<b>7</b> WG Corn Chex, Raisins & Milk  Apple Slices & Saltine Crackers	<b>8</b> Enriched Bleached Flour Blueberry Mini Muffins, Apple Slices & Milk  Cheddar Cheese Cubes & WG Wheat Thins.	<b>9</b> WG Toast, Pineapple Chunks & Milk  Fresh Pear Slices & Animal Crackers	<b>10</b> 
<b>11</b> 	<b>12</b> WG Cheerios, Peaches & Milk  Tortilla Chips & Salsa	<b>13</b> Enriched Wheat Flour English Muffins, Pears & Milk  Apple Slices & WG Wheat Thins	<b>14</b> WG Life Cereal, Fruit Cocktail & Milk.  Fresh Pear Slices & Animal Crackers	<b>15</b> Orange Slices, Saltines & Milk  Carrot Sticks & WG Wheat Thins.	<b>16</b> WG Life Cereal, Banana & Milk  Animal Crackers & 100% Apple Juice	<b>17</b> 
<b>18</b> 	<b>19</b> Pineapple Chunks, Saltine Crackers & Milk  Cheddar Cheese Cubes & WG Crackers	<b>20</b> WW Waffles, Mixed Berries & Milk  Apple Slices & WG Wheat Thins	<b>21</b> WG Cheerios, Apple Slices & Milk  Tortilla Chips & Salsa	<b>22</b> WG Life Cereal, Bananas & Milk  Orange Slices & Animal Crackers	<b>23</b> Saltine Crackers, Fruit Cocktail & Milk  WG Wheat Thins & 100% Apple Juice	<b>24</b> 
<b>25</b> 	<b>26</b> WG Oatmeal, Strawberries & Milk  Yogurt & WG Graham Crackers	<b>27</b> Applesauce, WG Goldfish Crackers & Milk  Raisin Bread & Milk	<b>28</b> Orange Slices, Saltines & Milk  Carrot Sticks & WG Wheat Thins	<b>29</b> Peaches, WG Goldfish Crackers & Milk  Cheese Sticks & 100% Apple Juice	<b>30</b> WG Corn Chex, Raisins & Milk  Tortilla Chips & Salsa	<b>31</b> 

We Serve 1% Milk

This institute is an equal opportunity provider

