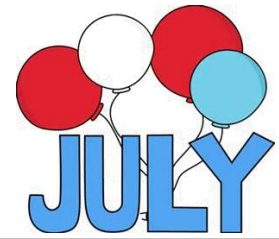


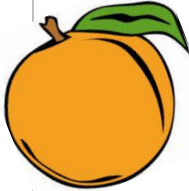
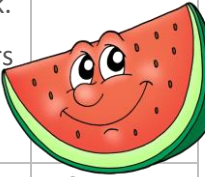

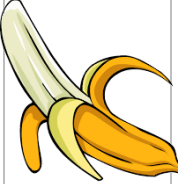
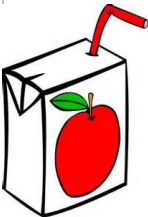



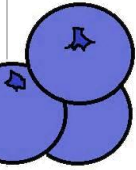


Greenbelt Children's Center

July 2021 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 WG Kix Cereal, Apples & Milk Low Fat Strawberry Yogurt & Graham Crackers	2 Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	3 
4 	5 Independence Day Holiday GCC Closed	6 WG Kix Cereal, Raisins & Milk Animal Crackers & 100% Apple Juice	7 Fruit Cocktail, WG Goldfish Crackers & Milk Cheddar Cheese Cubes & WG Crackers	8 Blueberry Mini Muffins, Apple Slices & Milk Orange Slices & WG Goldfish Crackers	9 Watermelon Slices, Saltines & Milk Carrot Sticks & WG Cheez-Its	10 
11 	12 12. WG Life Cereal, Peaches & Milk Graham Crackers & Milk	13 13. Fruit Cocktail, WG Goldfish Crackers & Milk Apple Slices & WG Wheat Thins	14 Mixed Berries, Whole Wheat Flour Waffles & Milk WG Cheez-Its & 100% Pineapple Juice	15 WG Toast, Fruit Cocktail & Milk. Fresh Pear Slices & Saltine Crackers	16 Orange Slices, WG Goldfish Crackers & Milk Cheese Sticks & 100% Apple Juice	17 
18 	19 Applesauce, WG Goldfish Crackers & Milk Low Fat Strawberry Yogurt & WG Graham Crackers	20 Saltine Crackers, Oranges & Milk WG Wheat Thins & 100% Apple Juice	21 WG Corn Chex, Oranges & Milk Tortilla Chips & Salsa	22 Applesauce, WG Goldfish Crackers & Milk. Animal Crackers & Milk	23 WG Cheerios, Bananas & Milk Saltine Crackers & 100% Grape Juice	24 
25 	26 WG Cheerios, Fruit Cocktail & Milk Animal Crackers & 100% Orange Juice	27 WG Life Cereal, Bananas & Milk Tortilla Chips & Salsa	28 EWF Raisin Bread, Pears & Milk WG Wheat thins & Apple Slices.	29 WW Waffles, Mixed Berries & Milk Watermelon Slices & WG Goldfish Crackers	30 WG Life Cereal, Peaches & Milk Graham Crackers & Milk	31 