



Greenbelt Children's Center

January 2021 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 New Year's Day GCC Closed	2 
3 	4 WG Cheerios, Fruit Cocktail & Milk Tortilla Chips & Salsa	5 Whole Wheat Flour Bagels, Orange Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	6 WG Kix Cereal, Pears & Milk Low Fat Strawberry Yogurt & Graham Crackers	7 Mixed Berries, Enriched Wheat Flour Waffles & Milk Cheese Sticks & 100% Pineapple Juice	8 WG Life Cereal, Banana & Milk. Fresh Pear Slices & Animal Crackers	9 
10 	11 WG Corn Chex, Raisins & Milk Animal Crackers & Milk	12 Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	13 WG Toast, Banana & Milk. Tortilla Chips & Salsa	14 WG Corn Chex, Peaches & Milk Carrot Sticks & WG Wheat Thins	15 Blueberry Mini Muffins, Apple Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	16 
17 	18 Martin Luther King Jr Day GCC Closed 	19 WG Oatmeal, Apple Slices & Milk Low Fat Strawberry Yogurt &	20 Orange Slices, Saltines & Milk Carrot Sticks & WG Wheat Thins	21 WG Cheerios, Peaches & Milk Saltine Crackers & Orange Slices	22 WG Cheerios, Bananas & Milk Animal Crackers & 100% Apple Juice	23 
24 	25 EWF Raisin Bread, Pears & Milk WG Wheat Thins & Apple Slices	26 WG Corn Chex, Banana & Milk Cheese Sticks & 100% Apple Juice	27 Pineapple Chunks, WG Goldfish Crackers & Milk Tortilla Chips & Salsa	28 Blueberry Mini Muffins Apple Slices & Milk Oranges & WG Wheat Thins	29 WG Kix Cereal, Raisins & Milk. Animal Crackers & Milk	30 