



Greenbelt Children's Center

February Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Enriched Wheat Flour English Muffins, Peaches & Milk. WG Wheat Thins & Cheddar Cheese Cubes	2 Blueberry Mini Muffins, Apple Slices & Milk Yogurt & WG Graham Crackers	3 Pineapple Chunks, WG Goldfish Crackers & Milk Animal Crackers & 100% Apple Juice	4 WW Waffles, Mixed Berries & Milk Apples & WG Wheat Thins	5 WG Corn Chex, Bananas & Milk. Veggie Sticks, Ranch Dip & 100% Pineapple Juice	6 
7 	8 WG Kix Cereal, Raisins & Milk. Tortilla Chips & Salsa	9 Whole Wheat Flour Bagels, Orange Slices & Milk WG Wheat Thins & Cheddar Cheese Cubes	10 Blueberry Mini Muffins Apple Slices & Milk Mixed Berries & WG Wheat Thins	11 WG Cheerios, Raisins & Milk Tortilla Chips & Salsa	12 Enriched Wheat Flour English Muffins, Bananas & Milk. WG Goldfish Crackers & 100% Grape Juice	13 
14  Happy Valentine's Day!	15  PRESIDENT'S DAY GCC CLOSED	16 WW Waffles, Mixed Berries & Milk WG Wheat Thins & Carrot Sticks	17 WG Kix Cereal, Raisins & Milk. Tortilla Chips & Salsa	18 WG Life Cereal, Peaches & Milk Cheese Sticks & 100% Pineapple Juice	19 Apple Sauce, WG Goldfish Crackers & Milk. Saltine Crackers & 100% Grape Juice	20 
21 	22 Whole Wheat Flour Bagels, Pineapple Chunks & Milk Yogurt & WG Graham Crackers	23 WG Cheerios, Bananas & Milk WG Goldfish Crackers & Milk	24 Orange Slices, WG Goldfish Crackers & Milk Cheese Sticks & 100% Apple Juice	25 Enriched Wheat Flour English Muffins, Pears & Milk. WG Wheat Thins & Orange Slices	26 WG Toast, Apple Slices & Milk Veggie Sticks, Ranch Dip & 100% Grape Juice	27 
28 	March 1 WG Life Cereal, Raisins & Milk Graham Crackers & Milk.	2 WG Cheerios, Fruit Cocktail & Milk Animal Crackers & 100% Apple Juice	3 WG Kix Cereal, Raisins & Milk Tortilla Chips & Salsa	4 Apple Sauce, WG Goldfish Crackers & Milk. Strawberries & Animal Crackers	5 Pineapple Chunks, WG Graham Crackers & Milk Strawberry Yogurt & WG Wheat Thins	

This institute is an equal opportunity provider
We Serve 1% Milk