



Greenbelt Children's Center

September 2019 Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 Labor Day Holiday Center Closed 	3 WG Bagelette, Berries & Milk Carrot Sticks, Celery Sticks, w/Dip & Milk	4 Raisin Bread, Pineapple Chunks & Milk Cheese Cubes & Whole Wheat Crackers	5 Blueberry Mini Muffins, Apple Slices & Milk Whole Wheat Pita & Veggies	6 WG Cheerios, Bananas & Milk Educational Nutritional Activities & 100% Apple juice	7 
8 	9 WG Wheat Crackers, Fruit Cocktail & Milk Graham Crackers & Apple Sauce	10 WG Kix Cereal, Pears & Milk Veggie Sticks, Ranch Dip & 100% Apple Juice	11 WG English Muffin, Berries & Milk Tortilla Chips & Salsa	12 WG Raisin Bread, Apple Slices & Milk Yogurt & WG Graham Crackers	13 Applesauce, WG Goldfish Crackers & Milk Educational Nutritional Activities & 100% Orange juice	14 
15 	16 WG Cheerios, Pears, & Milk WG Tortilla Chips & Salsa	17 Mixed Berries, WG Waffles & Milk Apple Slices & Animal Crackers	18 Pineapple Chunks, WG Crackers & Milk Carrot Sticks & WG Wheat Thins	19 WG Cream of Wheat, Peaches & Milk Cheese Sticks & 100% Pineapple Juice	20 WG English Muffins, Bananas & Milk Educational Nutritional Activities & 100% Apple Juice	21 
22 	23 Apple Sauce, WG Goldfish Crackers & Milk Animal Crackers & Milk	24 WG Cheerios, Bananas & Milk Celery, Cream Cheese & Raisins	25 WG Raisin Bread, Orange Slices & Milk Tortilla Chips & Salsa	26 Pineapple Chunks, WG Bagels & Milk Whole Wheat Pita, Veggies	27 WG English Muffins, Peaches & Milk Educational Nutritional Activities & 100% Pineapple juice	28 
29 	30 WG Bagelette, Peaches & Milk Cheese Sticks & 100% Apple Juice					

We Serve 1% Milk

This institute is an equal opportunity provider