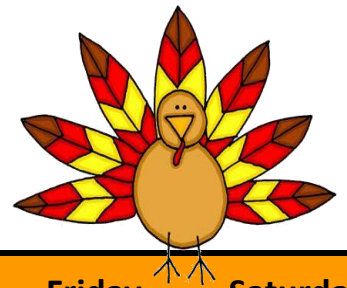




Greenbelt Children's Center

November 2016 Menu

Water is served at every meal & snack



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 WG Bagels, Peaches & Milk WG Pita Bread & Hummus	2 WG Cheerios, Raisins & Milk Educational Nutritional Activities & 100% Grape Juice	3
4 	5 Applesauce, WG Goldfish Crackers & Milk Animal Crackers & 100% Apple Juice	6 Blueberry Mini Muffins, Apple Slices & Milk Pineapple Chunks & WG Wheat Thins	7 WG Kix Cereal, Pears & Milk Veggie Sticks, Ranch dip & 100% Grape Juice	8 Mixed Berries, WG Waffles & Milk WG Tortilla Chips & Salsa	9 Pineapple Chunks, WG Crackers & Milk Educational Nutritional Activities & 100% Apple Juice	10
11 	12 Veteran's Day GCC Closed for In-Service Training	13 Apple Sauce, WG Goldfish Crackers & Milk Animal Crackers & Milk	14 Oatmeal, Strawberries & Milk WG Pita Bread & Hummus	15 16 GCC CLOSED NAEYC Annual Conference naeyc.org/events/annual/2018		17
18 	19 WG Corn Chex, Raisins & Milk Cheese Sticks & 100% Pineapple Juice	20 WG Toast, Apple Slices & Milk Graham Crackers & Milk	21 WG Life Cereal, Raisins & Milk Apple Slices & Animal Crackers	22 23 GCC CLOSED Happy Thanksgiving!		24
25 	26 Applesauce, WG Goldfish Crackers & Milk Graham Crackers & 100% Apple Juice	27 WG Cheerios, Fruit Cocktail & Milk Tortilla Chips & Salsa	28 Enriched Wheat Flour English Muffins, Peaches & Milk Orange Slices & WG Wheat thins	29 WG Waffles, Strawberries & Milk Carrot Sticks & 100% Orange Juice	30 WG Kix Cereal, Raisins & Milk Educational Nutritional Activities & 100% Grape Juice	

This Institute in an Equal Opportunity Provider

We Serve 1% Milk

