



Greenbelt Children's Center January 2018 Menu



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 Apple Sauce, WG Goldfish Crackers & Milk Hummus, Pita Bread	3 WG Oatmeal, Blueberries & Milk Cheddar Cheese Chunks & Apple Slices	4 WG Bagels, Banana Slices & Milk Fruit Slices, Raisins & Yogurt Dip	5 WG Life Cereal, Raisins & Milk Educational Nutritional Activities & 100% juice 	6
7 	8 Applesauce, WG Goldfish Crackers & Milk WG Tortilla Chips & Salsa	9 WG Bagels, Apple Slices & Milk White Bean Dip with Sweet Peppers	10 WG Life Cereal, Berries & Milk Celery, Cream Cheese and Raisins	11 WG Cream of Wheat, Peaches & Milk Carrot Sticks and WG Crackers	12 Raisin Bran, Bananas & Milk Educational Nutritional Activities & 100% Apple Juice	13 
14 	15 GCC Closed for Martin Luther King Jr Day	16 Kix Cereal, Banana Chunks & Milk Orange Slices & WG Animal Crackers	17 WG Toast, Pear Slices & Milk Sweet Peppers, dip & WG Crackers	18 WG English Muffin, Peach Slices & Milk Veggies, Cucumber Yogurt Dip & Saltines	19 WG Cream of Wheat Raisins & Milk Educational Nutritional Activities & 100% Orange Juice	20 
21 	22 Cornflakes, Raisins & Milk Favorite WG Snack Mix & Milk	23 Blueberry Mini Muffins, Apple Slices & Milk Veggie Sticks & Superhero Hummus	24 WG Cheerios, Bananas & Milk Cauliflower, Dip & WG Crackers	25 WG Waffles, Berries & Milk Graham Crackers & 100% Pineapple Juice	26 WG Honey Bunches of Oats, Raisins & Milk Educational Nutritional Activities & 100% Grape Juice	27 
28 	29 WG Cream of Wheat, Peaches & Milk Fruit Cocktail & WG Animal Crackers	30 Kix Cereal, Banana Chunks & Milk Cheddar Cheese Chunks & Apple Slices	31 WG Oatmeal, Raisins, & Milk WG Pita & Hummus			

This institute is an equal opportunity provider.