



Greenbelt Children's Center Room 2

Typical Daily Schedule

7:00-8:50 am	Free Choice Activities (Small Muscle Skills, Cooperation, Social Skills, Large Muscle Activities) Mixed Age Groups 7-8am
8:50-9:00 am	Clean Up Classroom (Sorting, Cooperation, Responsibility), Clean Up Song*
9:00-9:15 am	Circle Song , Calendar, Weather, Schedule for the Day (Counting, Recognition, Science, Vocabulary)
9:15-9:25 am	Music (Movement, Rhythm, Sound, Repetition)
9:25-9:30 am	Bathroom, Washing Hands (Cleanliness, Good Health), Hand Washing Song
9:30-9:55 am	Breakfast (Nutrition, Good Table Manners, Social Skills, Small Group Discussions, Self Help Skills) (Summer: pool time 9:45-10:15 a.m.)
9:55-10:00 am	Clean Up, Clean Up Song* , Bathroom, Hand Washing Song , Go Outside Song* , Ready to Go Outdoors (Responsibility, Cleanliness, Self Help Skills)
10:00-10:45 am	Outdoor Play (Large Muscle Skills, Cooperation, Creativity, Good Sportsmanship, Good Health, Physical Development), Go Inside Song*
10:45-10:55 am	Go Inside, Wash Hands, Hand Washing Song , Social Studies/Science Discussion (Vocabulary, Sharing Knowledge, Stimulate Thought Processes)
10:55-11:25 am	Small Group Rotation through Art, Science, Manipulatives, Academic Projects (Creativity, Small Muscle Skills, Matching, Sorting, Stacking, Learning New Skills, Practicing Acquired Skills, Cooperation, Social Skills Practice), Indoor Large Muscle Activity (Physical Development)
11:25-11:35 am	Clean Up Classroom, Clean Up Song*
11:35-11:50 am	Circle Song , Story Time (Language, Creativity, Association of Words to Pictures)
11:50-11:55 am	Bathroom, Wash Hands, Hand Washing Song
11:55 am – 12:45 pm	Lunch (Nutrition, Social Skills Practice, Good Table Manners)
12:45-1:00 pm	Clean Up Song* , Clean Up Lunch, Wash Hands and Face, Make Cots, Shoes Off, Settle Down, Look at Books (Responsibility, Self Help Skills, Good Health, Cooperation, Change of Pace)
1:00-3:00 pm	Quiet Down Song* , Rest Time (Slow Pace, Good Health) Listen to Quiet Music
3:00-3:15 pm	Wake Up Song , Wake Up, Put Shoes On, Bathroom (Good Health, Cleanliness, Self Help Skills), Stretching Activity, Hand Washing Song
3:15-3:30 pm	Story Time
3:30-3:45 pm	Wash Hands, Hand Washing Song , Afternoon Snack
3:45-3:50 pm	Clean Up Snack, Cleanup Song*
3:50-4:00 pm	Music or Movement Activity, Go Outside Song*
4:00-4:30 pm	Outdoor Activities, Go Inside Song* , Hand Washing Song
4:30-5:20 pm	Table Manipulatives, Block Play, Housekeeping Role Play, Arts & Crafts
5:20-5:30 pm	Clean Up Classroom, Clean Up Song*
5:30-6:00 pm	Mixed age groups involved in free choice activities or listening to stories read by staff individually or in small groups

- Use clapping pattern to signal transition (*)

